

Mystic



✔ Prepare in Advance

- Have the *Bible Background Video* ready to view.
- Retrieve, review, and have ready the videos listed below (links are provided on this session’s webpage).

✔ Seeking Control

View the following video (link is on the session’s webpage) from the *Star Trek* series “Voyager”.

Share the context for the clip: The Starship Voyager, commanded by Captain Janeway encounters the Krenim Empire, which battles enemies with “chroniton torpedoes” i.e. weapons that alter time and therefore outcomes. However, there is one individual, Captain Annorax (who appears in the segment 1:58 – 5:12) who is using precise time calculations and the weapons in an attempt to restore the war’s damage to the Krenim Empire . . . and specifically, his own beloved wife’s life.

Discuss the clip:

- What is Annorax willing to do to bring his wife back?
- What are the pros and cons of his efforts, and this life goal?

Read today’s Scripture, then watch the *Bible Background Video*.

✔ No Control

Choose a person from the Genesis text and list the things that that person cannot control.

Write a short monologue as if you were the person were talking to yourself about the situation you cannot control. What thoughts and feelings are expressed? What are your hopes, fears, frustrations? What do you wish you could make happen?

Share your monologues with the group

✔ Personal Reflections

(These can be done individually or in the group)

- What are the situations/people in your life currently that you cannot control . . . and wish you could?
- How have you tried to “make things happen” or “go with the flow” and how has that experience been for you? What have you thought? Felt?
- What are your deepest desires at the moment, in this current situation?

- Describe your interaction (or non-interaction) with God in the middle of your current situation.
- How do you react to the suggestion to “wait in a faithful posture for God’s blessings rather than going for immediate gratification”? Is it an invitation you feel like relaxing into or pushing against at this time? Why?

✔ Prayer

Spend some time in prayer, bringing who you are and where you are before God. Know that God knows you extremely well. Share with God your deepest desires that lie within the situations/people you cannot control.

Is there anything you want to ask him for? If you are willing to do so, ask. Spend some time listening for God’s response.

by Joy Yee

