

Mystic



Prepare

- A central focus with a decorative piece of cloth, a candle, and strips of paper (bumper sticker sized) with the following sentences written on them (one per strip) arranged around the candle:
 - “Take courage!”
 - “It is I.”
 - “Don’t be afraid.”
 - “Come.”
 - “You of little faith, why do you doubt?”
- Provide paper, pens for journaling

Reflection and Discussion

Read the scripture passage for today and view the *Bible Background Video*.

Say: “As people of faith, we often find ourselves traveling the two roads of belief and doubt, because we are often of two minds . . . like Peter in this story.”

Invite people to reflect on a *past* life situation where they experienced belief and/or doubt in God, and share with the group:

- What did you believe about God?
- What did you doubt about God?
- Did you ever experience belief *and* doubt in the same experience? What was that like?

A Current Situation

Invite people to reflect on a *current* life situation where they are experiencing belief and/or doubt in God.

Have people journal a “conversation” with Jesus regarding their current life situation, expressing their belief/doubt, and Jesus’ responses. They can use the following prompts to spur prayerful reflection (these can be printed on handouts or a poster):

(**Note:** for some people, it is also helpful to visualize Jesus as they “converse” with him)

- I say to Jesus . . .
- He seems to say to me . . .
- I feel . . .
- Jesus responds by . . .
- I say . . .
- Jesus says . . .
- We end our conversation by . . .

Invite people to share their prayer reflections with the group.

Closing

Play the music clip: Casting Crowns “The Voice of Truth.”

Spend some moments in silence, holding all that has been shared in God’s presence.

Pass the candle around the group and have people offer sentence prayers of petition for themselves or others.

by Joy Yee

MINISTER OF MOJO
BERT MONTGOMERY
ASK BERT TO SPEAK AT YOUR CHURCH!

For details, visit faithlab.com/talent

FaithElement Support

Your regular donations help keep FaithElement free!

Visit FaithElement.com and click on the donate button to give online.