

# Youth



## ✔ Prepare in Advance

- Have the *Bible Background Video* ready to view.
- Retrieve, review, and have ready the videos listed below (links are provided on this session's webpage).

## ✔ Stubborn

Play the “Mr. Stubborn” video.

Use these questions to facilitate discussion.

- Would you consider yourself a stubborn person? Why or why not? What are some things that you would consider yourself stubborn about?
- When is stubbornness a good thing? When could it be a bad thing?
- What do you think is the underlying cause of our stubbornness? Why is it so difficult to admit that we may not be right about something?
- Do you think the ability to recognize when we are wrong is necessary to grow and mature? Why or why not?

## ✔ Attitude

Read Matthew 15: 21-28.

- How would you describe Jesus' attitude toward this woman? Why do you think Jesus was not willing to help her?
- What changed his mind toward her? What do you think it says about Jesus that he would change his mind about something? How do you think Jesus might handle similar situations after this experience?

Watch the *Bible Background Video* for this session.

## ✔ Change

Watch the Rocky IV speech and/or the Pleasantville trailer.

- What do you think these videos say about change? How do they compare to the change that Jesus went through?
- What changed during this fight for Rocky? Do you think this was realistic? Why or why not?
- Why was it so important for this change to take place?
- Do you think our culture promotes change or glorifies being stubborn? Why?

- What do you think it would be like if people never changed their thinking about how the world works or about their relationships?
  - Do you think your community holds onto their biases and prejudices? Explain. What are some of the biases and prejudices that your church has?
  - What are some things you stubbornly hold onto in your life that you know need to change in order for you to grow and mature? How can this group help you?
- Close by playing the “Change My Heart” music video.

by Don Breeden

