

# Youth



## ✔ Prepare in Advance

- Retrieve, review, and have ready the video's listed below (links are provided on this session's webpage).
- Have the Bible Background Video ready to view.

## ✔ Song

Play the "Three Amigos" and the "Enchanted" movie clips.

Use these questions to facilitate discussion.

- Have you ever seen someone randomly break out into a song? Explain?
- In these clips how did people react to the songs? How did it loosen people up?
- Do you like to sing? Why or why not? Where do you usually find yourself singing?
- Why do some teenagers resist singing in church? Do you think singing is a valuable part of worship? Why or why not?
- Does music affect you? Why or why not?
- What is your favorite song right now? Why? Do you think the music someone sings or listens to says something about them? Why or why not? What does the music you listen to say about you?
- What is worship like at your church? What does it do to inspire and give hope to the congregation?

## ✔ Psalm

Read Psalm 123 and watch the *Bible Background Video* for this session.

Would you see this psalm as a happy or a sad song? Why? What is the psalmist asking for? How might this psalm give hope to the one singing it?

## ✔ Hope

Play The REM Video.

- How would you compare the people in this clip to the people singing this Psalm?
- What evidence do you see that you are living in a hurting world? What evidence do you find that you have a hurting school, church, or family?
- When people are hurting, where do you think they normally turn for hope? Why? Where do you turn when you are hurting? Why? Where did the psalmist turn in Psalm 123?

- Do you think your church and youth group are places of hope for hurting people? Why or why not? How can you make it more of a place for hurting people?
- How does God help us when we hurt? How would you explain that to others who were hurting?
- How can this group help when one of us is hurting?

## ✔ Close

Close with a prayer for those in our world who are hurting.

**By Don Breeden**

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