

Mystic



✔ Prepare in Advance

Facilitator: In advance of the session:

- Provide pens.
- Provide EITHER 8.5" by 11" paper (trimmed to make square 8.5" x 8.5" pieces of paper) OR small boxes (e.g. takeout boxes, gift boxes) one per person, writing paper
- Retrieve, review, and have ready the links that are available on this session's webpage.

✔ All Together

Have someone read 2 Samuel 7:1-11, 16 out loud
Show the *Bible Background Video*.

✔ Activity

Invite people to write down (on one piece of paper) a list of adjectives that describe God in their own understanding.

- Have people EITHER fold their paper into an origami box. Use the links on this session's webpage to see how to do this.
OR
- Fold up their paper and put it into a small box

✔ Individual Reflection

Say "How do our attempts to contain God "in a box" begin to curtail our faith growth and what God might want to do within and among us?"

- Invite people to spend some time with the following questions/instructions:
- List some current ways that you live, decisions you are facing, hopes you have, and/or perspectives you have.
- What do you sense is God's role or participation in the things you've listed?
- How does your understanding/description/view of God affect how you live your life, the decisions you make, the hopes you have, the perspectives you have?
- Enter into prayer and ask God to share with you how your description and understanding of God might differ from who God might be. Reflect on life experiences other people have shared with you, Bible

stories you remember where God acts or is different from what is expected.

- Jot down words or phrases that differ from how you expect God to be.
- Consider how these words or phrases might shape your life differently and how you live day by day

✔ Group Sharing

Invite people to share any insights from their reflection times:

- What did you learn about yourself?
- What did you learn about God?
- How do these insights make you feel?
- What questions still remain?

Close with prayer.

By Joy Yee

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