

Youth



✔ Prepare in Advance

- Have the *Bible Background Video* ready to view.
- Retrieve, review, and have ready the videos listed below (links are provided on this session's webpage).

✔ Transformed

Read Ephesians 1:15-23 and watch the *Bible Background Video* for this session.

Use these questions to facilitate discussion.

- What did Paul mean saying that they see with the eyes of their heart?
- What has transformed the lives of the people at Ephesus? What kind of power and rewards has the church at Ephesus experienced?

✔ Experience

Play the "Contact" movie clip. Stop at the 5:43 mark.

- How did Ellie's experience change her life? Did it matter that she had no proof? How could her life from this point forward be the proof of her experience?
- What are the similarities between her experience and a journey of faith?
- Do you think a relationship with God is about proof or an experience? Explain.
- Do you think an experience with God requires change? Why or why not? If so, what kind of change?
- Have you ever known someone who resisted Christ because they did not want to change? How did you respond?

✔ Change

Play the "Testimony" clip.

- What do you think of Kevin's testimony? How might Kevin's testimony be similar to Paul's? What kind of change happened to Kevin?
- Who in your life has had some sort of transformative change? What and how did they change?
- What is the most powerful testimony you have ever heard? What made it powerful?

✔ Testimony

- Do you think a testimony has to be that intense to be a powerful and transformative testimony? Why or why not?
- Do you think every Christian's testimony is important enough to be heard?
- What do you think it means to give a testimony about your faith?

Have everyone (or a couple of volunteers) share a brief testimony based on the following sentences:

Before I met Christ I was...

I experienced Jesus Christ...

Through the transformation of Christ, now I am...

Close by playing "Change in my life".

by Don Breeden

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