

# Mystic



## ✓ Prepare in Advance

Facilitator: In advance of the session:

- Prepare a focal point with small posters, each with one of the following words: WHAT, WHY, HOW, WHEN, WHERE.
- Place an empty chair in the room (in the middle of the circle, or as part of the circle.)
- Provide pens and 3x5 index cards
- Have the *Bible Background Video* ready to view

## ✓ Learning Together

Have someone ready John 1:43-51 out loud.

Show the *Bible Background Video*.

## ✓ Guided Personal Reflection

**Say:** Take some moments of silence to think about what's happening in your life currently. Let the people and situations you are engaging come to mind. Which person(s) or situation seems to be in the forefront of your thoughts at this time? (Ask people let you know they are finished with this portion of the reflection, by looking up at you briefly)

Jesus told us that when two or three are gathered in his name, he is there in our midst. Visualize Jesus in this room with us as we reflect and share our thoughts in this next portion of the reflection.

Keeping your person or situation in mind, are there any questions you would like to bring to Jesus during this time? Jot down your questions on the cards (one per card)

## ✓ Guided Group Reflection

**Say:** Pass your questions to the person on your left. Be aware of the truth that you hold something valuable and perhaps vulnerable in your hands. Respect what you hold and remember that we will keep this content confidential to this time and place. (leader note: there may be some questions that people want to keep confidential even from the group. Do not pass these.)

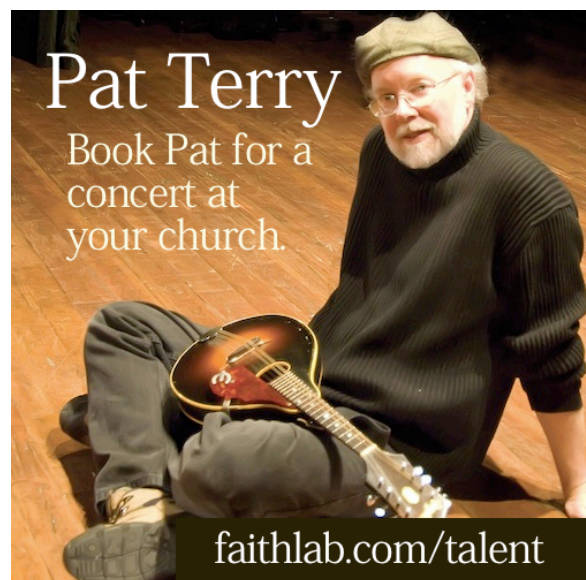
We are going to read each other's questions out loud and hold them together in Jesus' presence, and then leave them with him. Let there be a minute's pause between each set of questions read, and after that minute's silence, the reader will place the questions

on the empty chair. (leader note: unread questions may be held in silence and then placed on the chair)

## ✓ Group Prayer

- Invite people to read Psalm 23 together
- Read John 1:43-51 one more time
- Close with sentence prayers that leave the people and situations in Jesus' hands.

By Joy Yee



## Church Websites

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