

# Create



## ✔ Prepare in Advance

Facilitator: In advance of the session:

- Provide pens/pencils and paper for the writing option or keep an ongoing journal for participants to return to or take home each week.
- Provide and keep a collection of art supplies for each week including but not limited to: crayons, chalk, color pencils, markers, glue, tissue paper, colored construction paper, paint brushes, watercolors, finger paints, scissors, and a variety of scrapbooking paper and old magazines.
- Have the *Bible Background Video* ready to view.

## ✔ Breath of God

Ask someone to read Mark 1:14-20. Then, show the *Bible Background Video*.

Say: In this passage, Jesus calls Simon, Andrew, James, and John to be his disciples. Jesus calls them to “repent and believe” they leave everything behind to follow Jesus. These men turned away from their current lives and turned toward Jesus. The words that Jesus use here “repent” and “believe” were written in the Greek texts in a way that showed that repentance and believe were ongoing and daily commands. Simon, Andrew, James, and John left their current lives to begin an ongoing and daily commitment to Jesus. Jesus also asks us to repent and believe. Being a Christian is not just a one-time commitment but daily discipleship. When we repent we do a 180 and turn from something in our lives to Christ. We keep on doing this day after day. Repenting, believing, and turning toward Christ.

Invite each participant to choose either the Writing or Visual approach and spend the next 20-25 minutes with that experience.

## ✔ Create- Writing

Invite participant to create their own definitions for *repentance* and *belief*. Ask them to write a poem or story in which these definitions are put into practice. Brainstorm and list ways to hear God’s calling and answer with repentance and belief on a daily basis.

## ✔ Create- Visual

Invite each participant to create a mask. On one side of the mask, have participants draw their lives when they are not facing Jesus. On the other side of the

mask, have participants draw what it looks like to turn toward God’s will.

## ✔ Share

Call the group together. Invite participants to share their creations with the large group. Ask the group members to share how the creations reveal turning to Christ on a daily basis.

Close with prayer.

(After the session, consider finding a way to share the creations of the group- post pictures on Facebook, on a church website, or in a portfolio/frames kept either in a public place in the church or in your group’s special gathering place).

**By Noelle Owen**

## Church Websites

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